



North & South Essex

Local Medical Committees

Weight Loss Drug Prescribing

A Guidance Document for Practices

Dated: 9 December 2024

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Prescribing of Mounjaro/Wegovy by Private Providers

Practices are being contacted by private providers with requests to undertake a review of patient's notes, to check that private providers are safe to prescribe Mounjaro or Wegovy.

General Practice is under extreme pressure and is not able to take on unfunded, non-contractual work for private providers. Due to the volume of work practices are already dealing with, there is no guarantee that even if this were being done that it would be done in the requested timescale.

Under GMC regulations, it is the responsibility of the prescribing clinician to assure themselves that their prescribing is safe. This would include taking an adequate history and checking with the patient's NHS app for confirmation, doing and acting on any appropriate pre-prescribing investigations, and not asking the patient's NHS GP to do this private work on their behalf.

Private providers must be aware that they cannot assume that a non-response is an agreement that there are no contraindications to prescribing this type of medication.

Responding to Requests

A constituent practice has kindly shared the following form of words in responding to these requests, which practices may wish to adopt/adapt for their own use:

Dear “Private Provider”

We have received your letter explaining you wish to prescribe XXXXX medication for our patient and asking us to confirm they have no medical history that would affect your prescription. This type of work takes valuable NHS GP time away from patients who require help. Therefore:

- Please ask your patient to provide you their medical summary from their online patient record. All our patients are given this at the time of registration, and if they have lost their details they can get this from reception.*
- If they decline to do this, please send us a signed consent form from the patient confirming they are happy for us to share this information. We will then send you a summary list.*
- Please note that we cannot guarantee that all the information you need would be in a summary. If you require a full set of patient notes for your clinician to review, your patient can print their full record, or we can provide this as a Subject Access Request within 30 days.*
- If you require this information before each prescription is issued, this needs to be provided by the patient.*

Any responsibility for prescribing the medication would obviously remain with your prescriber.



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